Blood Prescribing





Indications	Component ¹	Dose			Administration time ²	Response
Symptomatic anaemia (e.g. reduced exercise tolerance, organ or tissue compromise)	Red cells leucodepleted Whole blood derived unit: 260 mL Paediatric (paed) unit: 60 mL	Usually one unit and reassess or calculate: Adult: 0.4 x patient weight (kg) x desired Hb rise (g/L) Neonates and paediatrics: 0.5 x patient weight (kg) x desired Hb rise (g/L)			2 hours At risk of cardiac overload: up to 4 hours	Expected Hb rise in a 70 kg stable adult is 10 g/L per unit
Thrombocytopenia or abnormal platelet	Platelets leucodepleted	Body weight	Volume (apheresis)	Units	30 mins	Expected platelet rise
function with bleeding or at risk	Apheresis: 280 x 10° in 210 mL Pooled: 290 x 10° in 370 mL Paed: 75 x 10° in 55 mL	< 5 kg	5–10 mL/kg	<1Paed		in a 70 kg stable adult is 20–40 x 10°/L Expected platelet rise in an 18 kg child from one paed unit is 20 x 10°/L
of bleeding.		5–9 kg	50 mL	1 Paed		
Not indicated for immune thrombocytopenia (e.g. ITP) unless life-threatening bleeding.		10–19 kg	100 mL	2 Paed		
		20-29 kg	150 mL	3 Paed		
		≥ 30 kg or adult	=	1 apheresis or pooled		

¹Approximate values only, see **transfusion.com.au** for detailed data. Consider special requirements e.g. irradiation.

²All components may be given more rapidly if required. All must be completed within 4 hours of removal from controlled storage.

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Indications	Component ¹	Dose			Administration time ²	Response
Deficiency of clotting factors with bleeding or risk of bleeding where specific therapy (e.g. clotting factor concentrate) is not appropriate or available (e.g. DIC)	Fresh frozen plasma Whole blood or apheresis unit: 275 mL Paed unit: 70 mL FFP contains all coagulation factors	Adults, neonates and paediatrics: 10–15 mL/kg Round to nearest unit where possible			30-120 mins based on volume tolerance	Assess clinical response and repeat laboratory/ viscohaemostatic assay (e.g. ROTEM/TEG) as per hospital protocol
Fibrinogen deficiency or dysfunction with bleeding or risk of bleeding (e.g. massive transfusion)	Cryoprecipitate Whole blood unit: 0.35 g fibrinogen in 35 mL Apheresis unit: 0.90 g fibrinogen in 60 mL	Body weight	WB units	Apheresis units	30–60 mins	Assess clinical response and repeat laboratory/ viscohaemostatic assay (e.g. ROTEM/TEG) as per hospital protocol
		5-20 kg	2	1		
		20-35 kg	4	2		
		35-50 kg	6	3		
		50-65 kg	8	4		
		Adult	10	5		
		Whole blood and apheresis can be used to form a dose				

 $^{{}^1\}text{Approximate values only, see} \textbf{transfusion.com.au} \text{ for detailed data. Consider special requirements e.g. irradiation.} \\ {}^2\text{All components may be given more rapidly if required. All must be completed within 4 hours of removal from controlled storage.} \\$